

## STRINGING INSTRUCTIONS

HEAD RACQUET/BALL	PC		2 PC		BOTH		MAINS			1 PC CROSSES			2 PC CROSSES	
	L'GTH FT-IN	SS FT-IN	L'GTH M x X	TENSION LBS	PATTERN M x X	START M's	MAINS SKIP	TIE OFF M's	START X	LAST X	TIE OFF	START X	LAST X	TIE OFF
Extreme 155, 165, 175, Edge (2019 models)			23' x 16'	31-37	16 x 16	H	8H	5H	6H	3T	4T	6H	3T	7H, 4T
Extreme 155, 165, 175, Edge (2019 models)			23' x 16'	34-40	12 x 16	H	6H	5H	6H	3T	4T	6H	3T	7H, 4T
Extreme 155, 165, 175, Pro, Edge (must have 16 x 16 grommet piece inserted for mains)			23' x 16'	31-37	16 x 16	H	5H, 7H, 10H (5H & 7H are left open, no strings)	6H	8H	3T	4T	8H	3T	4H, 4T
Extreme 155, 165, 175, Pro, Edge (must have 12 x 16 grommet piece inserted for mains)			23' x 16'	34-40	12 x 16	H	2H, 4H, 6H, 8H, 10H (2H, 4H, 6H are left open, no strings)	9H	8H	3T	4T	8H	3T	5H, 4T
Radical 160, 170, 180, Pro, Edge			23' x 16'	31-37	18 x 16	H	8H	3H	5H	3T	4T	5H	3T	4H, 4T
Radical 160, 170, 180, Pro, Edge			23' x 16'	34-40	12 x 16	H	8H	4H	5H	3T	4T	5H	3T	3H, 4T
Zeus 185, Ares 175, Hades**			23' x 16'	31-37	16 x 16	H	8H	3H	5H	3T	4T	5H	3T	4H, 4T
Black Widow 160, Scorpion 170, Cobra 180, Ignite on 171**			23' x 16'	31-37	16 x 16	H	8H	3H	5H	3T	4T	5H	3T	4H, 4T
Submission, Tap Out, T.K.O.**			23' x 16'	31-37	16 x 16	H	8H	3H	5H	3T	4T	5H	3T	4H, 4T
Blackjack, Royal Flush, Full House, Great White**			23' x 16'	31-37	16 x 16	H	8H	3H	5H	3T	4T	5H	3T	4H, 4T
Problem Child, Meanstreak, Dirty Deed**			23' x 16'	31-37	16 x 16	H	8H	3H	5H	3T	4T	5H	3T	4H, 4T
Liquidmetal 170, 180, 190*			23' x 16'	31-37	16 x 16	H	6H, 8H, 10H, 11H	5H	6H	3T	5T	6H	3T	4H, 5T

**Extreme Racquet 2019 - 16 x 16 Stringing Note:** One or Two piece stringing acceptable. **Shared Holes: 6H, 7H, 9H**  
 Features HEAD's patented Power Channel System and Adaptive Fan Pattern Technology. Racquet can be strung with a 16 x 16 or 12 x 16 pattern.  
**Extreme 16 x 16 pattern:** Alternate stringing 2-3 mains on each side. Feed first left main from 1LH through 1LT (top hole). As you feed string into 1LT it will automatically come out of 2LT (top hole) and then proceed to 5LH for second main. Continue to 6LH down to 2LT (second hole) for third main. String will automatically come out of 1LT (second hole) and proceed to 2LH for fourth main. Continue feeding string through 3LH to 1LT (third hole) for fifth main. String will come out of 2LT (third hole) and proceed to 7LH for sixth main. Continue string through 9LH to 2LT (fourth hole) for seventh main. String will come out of 1LT (fourth hole) and proceed to 4LH for final main. Follow same procedure on right side but reverse level of entry on Power Channel System; i.e., feed first right main from 1 RH through 1 RT (bottom hole) and string will automatically come out of 2RT (bottom hole), then proceed to 5RH for second main, etc. Tie off short side at 5H. Start 1X at 6RH and weave over fifth main.

**Extreme Racquet 2019 - 12 x 16 Stringing Note:** One or Two piece stringing acceptable. **Shared Holes: 7H**  
 Features HEAD's patented Power Channel System and Adaptive Fan Pattern Technology. Racquet can be strung with a 16 x 16 or 12 x 16 pattern.  
**Extreme 12 x 16 pattern:** Alternate stringing 2-3 mains on each side. Feed first left main from 1LH through 1LT (top hole). As you feed string into 1LT it will automatically come out of 2LT (top hole) and then proceed to 4LH for second main. Continue to 5LH down to 2LT (second hole) for third main. String will automatically come out of 1LT (second hole) and proceed to 2LH for fourth main. Continue feeding string through 3LH to 1LT (third hole) for fifth main. String will come out of 2LT (third hole) and proceed to 7LH for sixth main. Follow same procedure on right side but reverse level of entry on Power Channel System; i.e., feed first right main from 1 RH through 1 RT (bottom hole) and string will automatically come out of 2RT (bottom hole), then proceed to 5RH for second main, etc. Tie off short side at 4H. Start 1X at 6RH and weave over fifth main.

**Extreme Racquet 16 x 16 Stringing Note:** One or Two piece stringing acceptable. **Shared Holes: 8H, 9H, 11H**  
 Features HEAD's patented Power Channel System and Adaptive String Pattern Technology. Racquet can be strung with a 16 x 16 or 12 x 16 pattern. There are labeled inserts for the mains for each pattern.  
**Extreme 16 x 16 pattern:** Insert the 16 x 16 pattern main's grommet insert. Alternate stringing 2-3 mains on each side. Feed first left main from 1LH through 1LT (top hole). As you feed string into 1LT it will automatically come out of 2LT (top hole) and then proceed to 6LH for second main. Continue to 8LH down to 2LT (second hole) for third main. String will automatically come out of 1LT (second hole) and proceed to 2LH for fourth main. Continue feeding string through 3LH to 1LT (third hole) for fifth main. String will come out of 2LT (third hole) and proceed to 9LH for sixth main. Continue string through 11LH to 2LT (fourth hole) for seventh main. String will come out of 1LT (fourth hole) and proceed to 4LH for final main. Follow same procedure on right side but reverse level of entry on Power Channel System; i.e., feed first right main from 1 RH through 1 RT (bottom hole) and string will automatically come out of 2RT (bottom hole), then proceed to 6RH for second main, etc. Tie off short side at 6H. Start 1X at 8H and weave over fifth main.

**Extreme Racquet 12 x 16 Stringing Note:** One or Two piece stringing acceptable. **Shared Holes: 9H, 11H**  
 Features HEAD's patented Power Channel System and Adaptive String Pattern Technology. Racquet can be strung with a 16 x 16 or 12 x 16 pattern. There are labeled inserts for each pattern.  
**Extreme 12 x 16 pattern:** Insert the 12 x 16 pattern main's grommet insert. Alternate stringing 2-3 mains on each side. Feed first left main from 1LH through 1LT (2nd hole from top leaving the top Power Channel holes open). As you feed string into 1LT it will automatically come out of 2LT (2nd hole from top) and then proceed to 7LH for second main. Continue to 9LH down to 2LT (third hole) for third main. String will automatically come out of 1LT (third hole) for fourth main. Continue feeding string through 5LH to 1LT (fourth hole) for fifth main. String will come out of 2LT (fourth hole) and proceed to 11LH for sixth main. Follow same procedure on right side but reverse level of entry on Power Channel System; i.e., feed first right main from 1 RH through 1 RT (2nd hole from bottom leaving the bottom Power Channel holes open) and string will automatically come out of 2RT (2nd hole from bottom), then proceed to 7RH for second main, etc. Tie off short side at 9H. Start 1X at 8H and weave under fourth main.